

# CPI – Nonviolent Crisis Intervention Training | 2018-2019 CALENDAR

JULY 2018						
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- 25** Initial – New  
Specialized Program  
Staff
- 25** Refresher - ED

JANUARY 2019						
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- 15** Initial  
AM Refresher  
PM Refresher

AUGUST 2018						
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- 12** Initial  
AM Refresher  
PM Refresher

FEBRUARY 2019						
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- 11** Initial  
AM Refresher  
PM Refresher

MARCH 2019						
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OCTOBER 2018						
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- 16** Initial  
AM Refresher  
PM Refresher

APRIL 2019						
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- 16** AM Refresher  
PM Refresher

NOVEMBER 2018						
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- 13** Initial  
AM Refresher  
PM Refresher

MAY 2019						
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DECEMBER 2018						
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Administrators – please register your staff members at:  
<https://goo.gl/forms/7J7Qtmik5Kqhv0wG2>

Initial Trainings: 8:00 – 4:00  
 AM Refresher Trainings: 8:00 – 11:30  
 PM Refresher Trainings: 12:30 – 4:00

Questions – [melanie.french@kckps.org](mailto:melanie.french@kckps.org)

## **CPI Program Objectives**

### **Prevention and Deceleration Strategies (Units 1-6)**

Identify behavior that indicates an escalation toward aggressive and violent behavior and take appropriate measures to avoid, decelerate, and/or de-escalate crisis situations.

After completing, staff will be able to:

1. Define workplace aggression and violence and describe their responsibilities.
2. Describe the typical behavioral responses associated with the development of a crisis and choose an appropriate intervention for each level of behavior.
3. Describe elements of good interpersonal behavior and demonstrate how nonverbal strategies can be used to decelerate behavioral responses associated with a crisis.
4. Describe typical verbal behavior associated with crisis situations and demonstrate the use of verbal deceleration and de-escalation principles.
5. Explain the importance of effective listening and identify key approaches associated with Empathic Listening.
6. Identify Precipitating Factors for crisis behavior and explain how these impact staff and individuals in their care.
7. List a range of nonphysical approaches that can be implemented to prevent or reduce the likelihood of challenging, aggressive, and violent behavior.
8. Explain the importance of professional values in promoting Care, Welfare, Safety, and Security of all involved in a crisis.

### **Decision Making (Unit 7)**

Assess the level of risk associated with crisis behavior and make appropriate decisions related to the management of such risks.

After completing, staff will be able to:

1. Explain the importance of providing person-centered, proactive services.
2. Describe the principles of risk assessment and risk reduction and demonstrate how to undertake a behavioral risk assessment.
3. Provide a legal and professional rationale for decision making and give justification for actions made in relation to risk behavior including the use of physical interventions.
4. Determine how professional values support effective decision making during a crisis situation. Managing

### **Behavioral Risk Using Disengagement and/or Holding Skills (Units 8 – 9)**

Use suitable and acceptable physical interventions to reduce or manage risk behavior.

After completing, staff will be able to:

1. Demonstrate the ability to respond to risk behavior using nonverbal, verbal, and physical approaches appropriate to the person, situation, and level of risk.
2. Demonstrate the use of physical interventions that are consistent with a set of physiological principles.
3. List the risks associated with the use of physical interventions.
4. Describe the warning signs associated with the adverse impact of physical interventions and identify the necessary corrective actions to minimize harm.
5. Identify the impact of the professional values of Care, Welfare, Safety, and Security when using physical interventions.

### **Postvention Approaches (Unit 10)**

Identify the impact of crisis events and describe post-crisis responses that can be used to reestablish communication, maintain relationships, and prevent future risk behavior.

After completing, staff will be able to:

1. Describe the potential impact crisis situations have on staff and individuals in their care.
2. Use a Postvention model for action that will help bring about necessary closure, debriefing, and the re-establishment of a positive and productive relationship with the individuals involved.
3. Describe the importance of recording and reporting, and list the key information that should be documented and reported following a crisis event.
4. Summarize the importance of Care, Welfare, Safety, and Security to support growth and change.