

On February, 3 2016 professional development opportunity with all Elementary PE teachers at M.E. Pearson at 2:30-4:30. Training in the First Tee curriculum will be implemented.

The First Tee National School Program introduces the game of golf and The First Tee Nine Core Values and Nine Healthy Habits to elementary students during physical education classes. Currently introduced to more than 7,000 elementary schools, this school golf program creates an environment where young people are introduced to the lifelong sport while learning the basic golf motor skills and the inherent values of the game.

The First Tee program aligns with our National PE Standards and will also be in our Pacing guide under Standard 1: Striking with Long Implements and Standard 4: Personal and Social behavior that respects self and others and Standard 5: Recognizes the value of Physical activity for health, enjoyment, challenge etc.

Golf is a lifetime fitness skill. Golf is a challenging, different skill/activity for our students.

This program was piloted in 4 schools in 2013. Last year 6 more schools came on and PE teachers took the test, got the equipment, but no professional development. NOW all 30 schools will be certified, trained, receive equipment and be able to fully implement this program into our curriculum.

This is a financial obligation totaling around \$8000 per school that is fully funded by First Tee of Kansas City!!!!

Lesson Plans

Physical educators receive professional development training and are provided age-appropriate materials, junior golf lesson plans, and equipment for effective implementation into their existing physical education programs.

Program Objectives

- Provide a safe, introductory golf program appropriate for today's elementary school physical education students and teachers.
- Enable physical educators to introduce golf consistent with national standards developed by the Society for Health and Physical Educators (SHAPE).
- Develop student appreciation for the positive personal and social values associated with the game with each lesson.
- Engage students in “healthy habit” warm-up activities with each lesson.
- Present golf to students as a lifelong recreation and health-enhancing activity.
- Provide tools that enhance opportunities for students to transfer positive values and health-enhancing habits to their everyday lives.